



# St. Joseph's Rehab Center

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## from your Valentine

According to traditional accounts and legend St. Valentine concluded his notes "from your Valentine." This simple yet highly personalized inference denotes an intimacy between the writer and the recipient. Unfortunately this intimate conclusion has become a generic expression that lacks the initial meaning.

Our invitation to the invited guests of our residents is extended with the warmth and sincerity of these

earliest greetings. Once again this year we will host the special family and friends of our residents for a St. Valentine's Day luncheon.

Invitations were mailed to guests selected by our residents. If you have questions or need any clarifications regarding this fun opportunity please contact the recreation department. We look forward to hosting you on February 14th.



## One for the birds

The frequent and varied antics of wild birds prove the birds are multi-talented entertainers. This is most evident when the outdoors are blanketed in snow. When the wintry view from the window affords less visual

interest birds are stand out performers.

Many of our residents enjoy the daily frenzy at the bird feeders. This is a tremendous benefit for residents who enjoy nature. In order to

attract birds the feeders require adequate food sources. Any assistance with obtaining bird seed is greatly appreciated. Please feel free to contact the Recreation staff with any inquires.

## Administrative Staff

Administrator:

Dan Meyer

Medical Director:

Dr. Loepfe

Director of Nursing:

Sue Hamilton

Social Service Director:

Sue Roble

Recreation Therapy

Director:

Jenny Knudson

Business Office Manager:

Dawn Faas

Food Service Director:

Ramona Callender

Housekeeping &

Maintenance Director:

Tom Voigt

Watch for updates

on the

St. Valentines Day





# St. Valentine, defender of marriage!

Like so many other holidays, the original meaning or intention of Valentine's day has become diluted, secularized, and a money making proposition. History reveals several saints named Valentine. The most noted St. Valentine was imprisoned by the pagan emperor of Rome. Valentine was an ordained priest serving the faithful of Rome at a time of significant animosity toward the Christians. The pagan emperor desired an army of single men to serve as unencumbered soldiers. Thus marriage

was relegated as a matter of state. Valentine defended the natural right to marriage and that marriage was properly ordered to the church for the well being of her members. The faithful gathered outside the prison were encouraged by the personal writings of their servant-leader. He extolled the virtues manifested in marriage. These personal intimate notes were concluded "from your Valentine". Valentine was martyred for his defense of marriage.



St Valentine  
Pray for us!

## Every little bit adds UP!

Please keep us in mind as a possible recipient of grocery store receipts. Many area organizations benefit from the generous support of Festival grocery stores. We welcome receipts from all Festival stores. The store receipts may be left at the

desk or with the Recreation Therapy staff by March 30th.

Receipts from January, February, and qualify for this quarter. Festival provides a generous rebate of a certain percentage of the receipt totals. Alcohol, smoking materials, and lottery sales are all exempt.



Thank you for your support!



## Chewy Chocolate Brownies

- 1 1/4 cups sifted all-purpose flour
- 1 teaspoon salt
- 8 ounces unsalted butter
- 4 ounces unsweetened chocolate, coarsely chopped
- 2 ounces bittersweet chocolate, coarsely chopped
- 2 cups sugar
- 1 teaspoon pure vanilla extract
- 4 large eggs

Mix sugar into the melted chocolate followed by the eggs just until blended. Gently fold in the dry ingredients into the wet ingredients. Pour into a lightly greased and cocoa powdered bread pan. Bake at 350° until the batter just appears to pull away from the edges of the pan. Allow to completely cool before removing from the pan or frosting.

